



a quiet sense of despair?" He told them that **everyone is seeking for love that endures, opportunity to share gifts, unity based on truth, communion that respects the freedom of the other person.** These can be summed up as: goodness, beauty and truth, the three transcendentals. But, instead of goodness, beauty and truth what our society offers are false substitutes: choice, novelty and subjective experience.

**SCRIPTURE  
of the DAY**

Exodus 17: 3-7  
Psalm 94: 1-2, 6-9  
Romans 5: 1-2, 5-8  
John 4: 5-42 (or 4: 5-15,  
19-26, 39-42)



Just like the story of the Samaritan woman which we heard on Sunday, we are thirsty for love and yet, always look for it in the wrong places. We forget that God created man with the capacity to worship Him and the need to be in fellowship with Him. Our yearning is infinite, because we have been created with a hole in our hearts, in the shape of God and nothing, absolutely nothing, can fill it up except God himself. St. Augustine put it this way, "My soul is restless 'till it rests in Thee." The only One who can heal our weariness and satisfy our longing thirst is Jesus Christ.

Just like the Samaritan woman, the goal of attaining lasting love seems too distant and the task seem altogether impossible when she complained that the well is too deep and our Lord had no bucket. She failed to recognise that He is the source of unfathomable love and He is the means by which that same love would be communicated to us. Though too deep for us, our human souls, our wells, are never too deep for Him. And when we are prepared to come on our bended knees, stripped of all pretences of superiority or self-reliance, we only have to ask, "Master, give me this water," we are assured of a drink from the well of God's immense riches which promises life and immortality. Having drunk therefrom, we shall never be thirsty again. Because in the One, we are One. ✦

As Lent is the time for greater love, listen to Jesus' thirst... He knows your weakness. He wants only your love, wants only the chance to love you.

- St. Teresa of Calcutta

INTERNAL CIRCULATION ONLY  
BUL 10/2026

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# NEWBEC

NEW WAY OF BEING CHURCH | 3<sup>rd</sup> Sunday Of Lent | 8 March 2026

**LENTEN REFLECTION 3**

**WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH**

*A People for Missionary Discipleship*

**MONTHLY FOCUS: ECOLOGY: Restoring Our Common Home**



**"In the One,  
We Are One"**

In 2008, Pope Benedict addressed a crowd of a half million young people in Sydney, Australia, on the occasion of the World Youth Day, and told them that "in so many of our societies, side by side with material prosperity, a spiritual desert is spreading: an interior emptiness, an unnamed fear,



## CHURCH OF THE HOLY FAMILY, KAJANG

11, JALAN GEREJA, 43000 KAJANG

Tel: 03-87387404/ 03-87331154

<http://www.hfckajang.org.my>

email: holyfamily@archkl.org



Scan for updates

**Parish Office Operating Hours**  
Monday to Friday – 9am to 5pm  
Saturday – 9am to 1pm  
Sundays & Public Holidays –  
**CLOSED**

**PARISH PRIEST : REV.FR.MICHAEL CHUA**

**ASST PRIEST : REV.FR.PHILIP CHUA**

**ASST PRIEST : REV.FR.BONAVENTURE**

**CAMPUS MINISTRY HFK (UNIVERSITIES/COLLEGES)**

**SR. MARGARET PEREIRA RGS**

[marge.0190705@gmail.com](mailto:marge.0190705@gmail.com)

## MASSES IN THE PARISH

Day	Date	Time	Activity	Description
Saturday	07 Mac	7.00am 5.30pm 6.00pm	Mass in English Novena to Our Lady of Perpetual Succour Mass in English	SS. Perpetua & Felicity (m)
Sunday	08 Mac	7.00am 9.30am 11.30am 1.30pm	Mass in Tamil Mass in English Mass in Mandarin Mass in BM	03 <sup>rd</sup> Sunday of Lent First Scrutiny
Monday	09 Mac	7.00am	Mass in English	Liturgy of the Day
Tuesday	10 Mac	7.00am	Mass in English	Liturgy of the Day
Wednesday	11 Mac	7.00am	Mass in English	Liturgy of the Day
Thursday	12 Mac	7.00am	Mass in English	Liturgy of the Day
Friday	13 Mac	7.30pm 8.00pm	Way of the Cross (Tamil/BM) Mass in English	Liturgy of the Day
Saturday	14 Mac	7.00am 5.30pm 6.00pm	Mass in English Novena to Our Lady of Perpetual Succour Mass in English	SS. Perpetua & Felicity (m)
Sunday	15 Mac	7.00am 9.30am 11.30am 1.30pm	Mass in Tamil Mass in English Mass in Mandarin Mass in BM	04 <sup>th</sup> Sunday of Lent Laetare Sunday Second Scrutiny

## BLOOD DONATION CAMPAIGN

PIHD together with MOP and Cuepacs Zone will be organizing Blood Donation Drive in our parish as below:

**Date: Sunday, 15 March 2026**

**Time: 8:00 AM – 1:00 PM**

**Venue: Church Hall**

All parishioners aged 17 years and above who are in good health are encouraged to donate. Our parish has been given a target of 150 pints by Pusat Darah Negara Malaysia. Scan the QR code and complete the form.

“Donate Blood, Save Lives.”

Let this be your Lenten act of love and mercy.

Contact Persons:

Priscilla 012-6035264, Jyotiraj 012-2885264, Felex Ben 012-2097427

Let us come together as one parish family and make this mission a success. Your small sacrifice can save lives.



# Parish News

## Holy Family X Big Pharmacy **VACCINATION PROGRAM**

A pharmaceutical company (Big Pharmacy) together with I-Medic doctors will be conducting a vaccination program at the following: -



### Event Details

**Date: 22/03/2026 (Sunday)**

**Time: 8.00 AM – 12.00 PM**

**Venue: Church Hall**

Influenza vaccination is **recommended once yearly for everyone**, as flu viruses change and mutate every year.

The vaccine helps to:

- Protect against **seasonal influenza**
- Reduce the **severity of symptoms** if infected
- Prevent the spread of flu to **high-risk groups** such as the elderly, infants, and people with chronic illnesses

### Important Notes

- Annual vaccination is recommended for effective protection
- Limited slots available
- Registration is required

This program is offered to ALL (migrants and foreigners included) from the ages of 6 months and above at a cost of RM 49.00 per person. Anyone interested can scan on the Q-code below (with payment directly to the company) or register at the book barrow after all weekend masses. For further enquiries, please contact Leslie at 012 254 3777.

## Lenten Campaign 2026

As we enter this sacred season of Lent, and dedicate ourselves to prayer, fasting, and almsgiving by opening our hearts to others, we are reminded of the power of mercy and generosity. To support your personal Lenten journey, offering envelopes are available for you at the Church entrance. Please take one home at your convenience and return your offering to the Church before May 31st. For those who prefer a digital option, we also have a QR code available. Kindly note this QR code is only applicable on payment portals eg TnG or bank portals. You may choose to bank in the money/cheques received into Archdiocesan Lenten Campaign Collection MBB 5144 2210 5727. Tax exemption receipt will be issued only to donations above RM200 with complete required details of the donors. Thank you for your kindness and for walking this spiritual journey together.



## BECCOT Meeting

**Date: 11/3/2026 Wed**

**Time: 8.30pm**

**Venue: Old Church R1 & R2**

Agenda:

- 1 Perjalanan Salib
  - 2 Lenten campaign 2026 initiatives
  - 3 Any other matters
- Attendance is compulsory for all Zone and BEC Coordinators. Please note that if the coordinator is unable to come, he or she would need to send a substitute from their respective core team.

## LENTEEN PENITENTIAL SERVICES 2026



Date/Day	Church	Time
9 March 2026 Monday	St Ignatius, Petaling Jaya	7.30 pm
10 March 2026 Tuesday	St Anthony, KL St Anne, Port Klang	7.15 pm 7.30 pm
11 March 2026 Wednesday	OL Guadalupe, Puchong Christ the King, Selayang	7.30 pm 8.00 pm
12 March 2026 Thursday	Assumption, PJ St Theresa, Nilai Risen Christ, Jalan Ipoh	7.00 pm 7.30 pm 8.00 pm
13 March 2026 Friday	St John's Cathedral, KL	12.30 pm

## CATECHETICAL MINISTRY

### FHC Parents Meeting

- **Date: 8/3/2026 at 11am**  
**Venue : Church Hall for English & Bahasa group**
- **Tamil and Mandarin will be in their respective classrooms at their designated class times.**

## FIRST HOLY COMMUNION PARENT MEETING

## CHRISM MASS

You are most warmly invited to the Chrism Mass 2026 of the Archdiocese of Kuala Lumpur. The chrism mass will be celebrated on the **17th of March 2026 (Tuesday) at 7.00 pm** at the **Church of the Visitation, Seremban**. For those unable to attend in person, the Mass will be live broadcast at:

<https://tv.archkl.org>



**THANK YOU FOR YOUR LOVE OFFERING**  
**28/2/2026 & 1/3/2026**

**Weekend Collection:**

**RM 18,026.00**

**Parish Renovation as of 1/3/2026**

**RM 906,848.58**

### Job vacancy : Live-in House Mother

Rumah Keluarga Kami (RKK) is seeking a loving and committed Live-in House Mother to care for and nurture our children in a safe, family like environment. Please contact **Carol** at **012 2697758** for more information.